

Weekly Sports Camps

ClubFitness Sports Camp Options:

Soccer
Basketball
Baseball
Football

Participants will learn the fundamentals of the game and work on proper technique, footwork, dribbling, passing, and scoring. Sportsmanlike conduct will also be introduced throughout training and game play.

Swimming: Each sports camp has swim time. During swim time, the campers will relax and enjoy the water. They can enjoy playing basketball along with sliding down our two indoor pool slides.



Parisi: This program is designed to develop and enhance athletic performance for athletes. Children will learn techniques that will in turn make them faster, increase muscle strength, and mental toughness.



Daily Camp Schedule

Schedule subject to change without notice

*Early drop-off \$5 per day or \$19 for the week

8:30-9:00 Drop Off/Welcome

9:00-10:30 Training

10:30-11:00 Break/Snack

11:00-12:15 Training

12:15-1:00 Lunch

1:00-2:15 Free Play

2:30-3:00 Break/Snack

3:00-3:45 Parisi

4:00-5:15 Swim

5:15-5:30 Pick-up

What do you bring?

- Comfortable clothes and shoes. (Sport specific apparel is welcomed but not required. Ex: soccer cleats)
 - Swim Suit
 - Lunch
 - Water Bottle
- (Snacks will be provided)

**21-A Oak Branch Drive
Greensboro, NC 27407
(336) 851-1890 x1102**

www.clubfitnessgso.com



CLUBFITNESS

Sports Camp 2019

**Ages 5-12
Monday-Friday
8:30-5:30**



**For more information contact
Oak Branch Concierge Desk
336-851-1890 ext 1102
Info@clubfitnessgso.com**



2019 Sports Camp Registration at ClubFitness Oak Branch

Guardian		Cell #		Other #	
Email Address		Cell #			
Street Address		City		Zip Code	
1st Child		DOB		ALLERGY	
2nd Child		DOB		ALLERGY	
(Circle One)	Child or Guardian ClubFitness Member	Non-Member		For Office Use Only	

2019 Camp Dates	Sport	Full/Half Day?	1st Child X	2nd Child X	Early Drop Off	Amt \$	Pymt Type	POS	Enroll	E-List	Allergy List	Initials
June 24-28, 2019	Baseball											
July 8-12, 2019	Soccer											
July 29-August 2, 2019	Basketball											
August 12-16, 2019	Football											

WEEKLY RATE: Full Day (8:30am-5:30pm) \$185 Members/ \$200 Non-Members ***Weekly Rate applies to Mon-Fri of same calendar week**

DAILY RATE: Full Day (8:30am-5:30pm) \$55 Members/ \$70 Non-Members **Half Day (9:00am-1:00pm)** \$40 Members/ \$50 Non-Members

EARLY DROP OFF (7:30am) \$5/Day or \$19/Week

MULTI-WEEK DISCOUNT: RECEIVE \$10 OFF each camp week when registered for 3 or more Weekly* camps, ***excludes swim camp**

EARLY BIRD DISCOUNT: Sign up before March 31, receive 10% OFF ***excludes swim camp**

PAYMENT IN FULL DUE AT TIME OF REGISTRATION. ENROLL AT info@clubfitnessgso.com or (336) 851-1890 ext 1102

Membership Liability Waiver/Permission for Medical Treatment Parent / Guardian Signature: _____

I understand that the use and/or the participation in any activities at ClubFitness may involve the risk of serious injury. I represent that my child is physically able to undertake all physical activities, exercises and sports provided by signing below. I hereby, forever RELEASE, waive and discharge ClubFitness, its affiliates, officers, directors, servants, agents, employees on behalf of myself, my heirs, executors, administrators and personal representatives from any and all claims, demands, injuries, actions, active or passive negligence or other causes or actions arising out of or connected with the use of ClubFitness services or facilities. I authorize ClubFitness employees to take the necessary steps regarding medical attention (i.e. first aid, calling ambulance service or transportation to be admitted to the hospital) and will allow authorized hospital facility/staff to treat my child for any illness or injury.

Refund & Makeup Policy Parent/Guardian Signature _____

There are No Refunds or make-ups for missed days of camp. Cancellation of ClubFitness Summer Camps may only be permitted due to a medical issue. In case of illness, a doctor's note will be required in order to make up the week missed. If in need of a transfer, a \$25 fee will be issued. Any Inquiries should be directed to Jerry Oviedo, Children's Programming Director, ClubFitness.

Photo Release Waiver: Parent/Guardian Signature _____

I authorize and permit ClubFitness Greensboro to use reproduction pictures of myself and/or my child for advertising, print work, The Club's website or any lawful purpose whatsoever in which I/my child may be included in whole or in part. I hereby irrevocably release and forever discharge the aforementioned parties and all representatives from all and any liability by the taking/or publishing of any photograph or video of me/my child as authorized in this consent form. I warrant that I am of full age and have every right to contract in my own/my child's name and that I am fully familiar with the contents of this authorization & consent. I hereby waive any right to compensation for the stated uses and I acknowledge that I have read and understand the above & agree to the terms of this consent & release.