

**GREEN VALLEY VIRTUAL SCHEDULE**

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	6:00 AM <b>GRIT</b>	6:00 AM <b>BODYPUMP</b>	6:00 AM <b>GRIT</b>	6:00 AM Live Class	<b>GREEN VALLEY CLOSED</b>	<b>GREEN VALLEY CLOSED</b>
7:30 AM	7:00 AM <b>CORE</b>	7:15 AM <b>BODYBALANCE</b>	7:15 AM <b>BODYBALANCE</b>	7:15 AM <b>BODYBALANCE</b>		
8:30 AM <b>BODYPUMP</b>	8:30 AM <b>BODYATTACK</b>	8:30 AM <b>BODYPUMP</b>	8:30 AM <b>GRIT</b>	8:30 AM <b>BODYATTACK</b>		
9:30 AM <b>BODYATTACK</b>	9:30 AM <b>BODYPUMP</b>	9:30 AM <b>GRIT</b>	9:30 AM <b>BODYCOMBAT</b>	9:30 AM <b>CORE</b>		
11:00 AM <b>BODYPUMP</b>	11:00 AM <b>BODYBALANCE</b>	11:05 AM <b>BODYPUMP</b>	11:00 AM <b>BODYBALANCE</b>	11:05 AM <b>BODYPUMP</b>		
12:15 PM <b>BODYPUMP</b>	12:15 PM <b>BODYATTACK</b>	12:15 PM <b>BODYPUMP</b>	12:15 PM <b>DANCE</b>	12:15 PM <b>BODYPUMP</b>		
1:30 PM <b>BODYATTACK</b>		1:30 PM <b>BODYATTACK</b>		1:30 PM <b>BODYATTACK</b>		
2:00 PM <b>BODYPUMP</b>	2:00 PM <b>BODYPUMP</b>	2:00 PM <b>BODYPUMP</b>	2:00 PM <b>BODYPUMP</b>	2:00 PM <b>BODYPUMP</b>		
5:00 PM <b>BODYBALANCE</b>	4:30 PM <b>BODYPUMP</b>	4:30 PM <b>BODYPUMP</b>	4:30 PM <b>BODYPUMP</b>	4:30 PM <b>BODYBALANCE</b>		
6:00 PM Live Class	6:00 PM Live Class	6:00 PM	6:00 PM Live Class	5:30 PM <b>BODYPUMP</b>		

**SPIN STUDIO- VIRTUAL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM <b>RPM</b>	5:00 AM <b>RPM</b>	5:00 AM <b>RPM</b>	5:00 AM <b>RPM</b>	5:00 AM <b>RPM</b>	<b>GREEN VALLEY CLOSED</b>	<b>GREEN VALLEY CLOSED</b>
6:00 AM Live Class	6:00 AM <b>RPM</b>	6:00 AM <b>RPM</b>	6:00 AM Live Class	6:00 AM		
8:30 AM <b>RPM</b>	8:30 AM <b>RPM</b>	8:30 AM <b>RPM</b>	8:30 AM <b>RPM</b>	8:30 AM <b>RPM</b>		
9:30 AM <b>RPM</b>	9:30 AM <b>RPM</b>	9:30 AM <b>RPM</b>	9:30 AM <b>RPM</b>	9:30 AM <b>RPM</b>		
12:15 PM <b>RPM</b>	12:15 PM <b>RPM</b>	12:15 PM <b>RPM</b>	12:15 PM <b>RPM</b>	12:15 PM <b>RPM</b>		
2:00 PM <b>RPM</b>	2:00 PM <b>RPM</b>	2:00 PM <b>RPM</b>	2:00 PM <b>RPM</b>	2:00 PM <b>RPM</b>		
6:00 PM Live Class	6:00 PM <b>RPM</b>	6:00 PM <b>RPM</b>	6:00 PM <b>RPM</b>	5:30 PM <b>RPM</b>		